中云中学2023-2024学年期初一年级课程表

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  | | 一 | | | | | 二 | | | | | 三 | | | | | 四 | | | | | 五 | | | | | 六 | | | | |
| 1 | 2 | 3 | 4 |  | 1 | 2 | 3 | 4 |  | 1 | 2 | 3 | 4 |  | 1 | 2 | 3 | 4 |  | 1 | 2 | 3 | 4 |  | 1 | 2 | 3 | 4 |  |
| 晨练 | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 上  午 | 1 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 2 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 3 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 4 |  |  | 体  育 |  |  |  |  |  |  |  | 体  育 | 书法 |  |  |  |  |  |  |  |  |  | 音乐 | 体  育 |  |  |  |  |  |  |
| 下  午 | 5 | 体  育 |  |  |  |  |  |  | 美  术 |  |  | 书法 |  | 体  育 |  |  |  |  |  |  |  | 体  育 |  | 书法 |  |  |  |  |  |  |
| 6 | 美  术 | 体  育 |  |  |  |  | 美  术 |  |  |  |  | 体  育 | 音乐 |  |  |  |  |  |  |  | 音乐 | 体  育 |  |  |  |  |  |  |  |
| 7 |  |  |  |  |  |  |  |  |  |  |  |  | 劳动 |  |  | 劳动 | 劳动 |  |  |  |  |  |  |  |  |  |  |  |  |
|  | 注：红色文化与校本课程单双周设置，单周校本课程，双周红色文化。班会与心理健康教育实行单双周制，单周上班会，双周上心理健康教育。 | | | | | | | | | | | | | | | | | | | | | | |  |  |  |  |  |  |
| 晚  上 | 1 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 2 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 3 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |

中云中学2023-2024学年期初二年级课程表

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  | | 一 | | | | | 二 | | | | | 三 | | | | | 四 | | | | | 五 | | | | | 六 | | | | | |
| 1 | 2 | 3 | 4 |  | 1 | 2 | 3 | 4 |  | 1 | 2 | 3 | 4 |  | 1 | 2 | 3 | 4 |  | 1 | 2 | 3 | 4 |  | 1 | 2 | 3 | 4 |  |
| 晨练 | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 上  午 | 1 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 2 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 3 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | 音乐 |  |  |  |  |  |  |  |  |
| 4 |  |  | 体育 |  |  |  |  |  |  |  | 体育 |  | 体育 |  |  |  |  | 美术 |  |  | 体育 |  | 音乐 |  |  |  |  |  |  |  |
| 下  午 | 5 |  |  |  |  |  |  |  |  |  |  |  | 体育 |  |  |  | 美术 | 体育 |  |  |  | 音乐 |  |  |  |  |  |  |  |  |  |
| 6 | 体育 | 体育 |  |  |  |  |  |  |  |  |  |  |  |  |  |  | 美术 | 体育 |  |  |  |  |  |  |  |  |  |  |  |  |
| 7 |  |  |  |  |  | 劳动 |  | 书法 |  |  |  | 书法 |  |  |  |  |  | 劳动 |  |  | 书法 | 劳动 |  |  |  |  |  |  |  |  |
|  | 注：1、上学期的道德与法治课程中安排一节《习读本》每周一课时，下学期正常。2、每学期语文老师要安排5节古诗文阅读3、地方教材《美丽江西》3、班会与心理健康教育实行单双周制，单周上班会，双周上心理健康教育。 | | | | | | | | | | | | | | | | | | | | | | |  |  |  |  |  |  |  |
| 晚  上 | 1 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 2 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 3 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |

中云中学2023-2024学期初三年级课程表

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  | | | | 一 | | | | | | | 二 | | | | | | | | 三 | | | | | | | 四 | | | | | | 五 | | | | | | 六 | | | | | |
| 1 | 2 | | 3 | 4 | |  | 1 | | 2 | 3 | | 4 | |  | 1 | | 2 | 3 | | 4 |  | | 1 | 2 | 3 | 4 |  | | 1 | 2 | 3 | 4 |  | | 1 | 2 | 3 | 4 |  | |
| 晨练 | | | |  |  | |  |  | |  |  | |  |  | |  | |  |  | |  |  | |  |  | |  |  |  |  |  | |  |  |  |  |  | |  |  |  |  |  | |
| 上  午 | | 1 | |  |  | |  |  | |  |  | |  |  | |  | |  |  | |  |  | |  |  | |  |  |  |  |  | |  |  |  |  |  | |  |  |  |  |  | |
| 2 | |  |  | |  |  | |  |  | |  |  | |  | |  |  | |  |  | |  |  | |  |  |  |  |  | |  |  |  |  |  | |  |  |  |  |  | |
| 3 | |  |  | |  |  | |  |  | |  |  | |  | |  |  | |  |  | |  |  | |  |  |  |  |  | |  |  |  |  |  | |  |  |  |  |  | |
| 4 | |  |  | |  |  | |  |  | |  |  | |  | |  |  | |  | 体育 | |  |  | | 音乐 |  |  |  |  | | 体育 |  |  |  |  | |  |  |  |  |  | |
| 下  午 | | 5 | | 体育 |  | |  |  | |  |  | |  | 美术 | |  | |  |  | | 体育 |  | |  |  | |  | 美术 | 体育 |  |  | |  |  |  |  |  | |  |  |  |  |  | |
| 6 | | 美术 | 音乐 | | 体育 |  | |  |  | |  | 音乐 | |  | |  | 体育 | |  |  | |  |  | |  | 体育 |  |  |  | |  | 体育 |  |  |  | |  |  |  |  |  | |
| 7 | |  |  | | 书法 |  | |  |  | | 书法 |  | |  | |  |  | |  | 劳动 | |  |  | | 劳动 |  |  |  |  | | 书法 | 劳动 |  |  |  | |  |  |  |  |  | |
|  | | 注：地方教材《美丽江西》 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |  | |  |  |  |  |  | |
| 晚  上 | | 1 | |  |  | |  |  | |  |  | |  |  | |  | |  |  | |  |  | |  |  | |  |  |  |  |  | |  |  |  |  |  | |  |  |  |  |  | |
| 2 | |  |  | |  |  | |  |  | |  |  | |  | |  |  | |  |  | |  |  | |  |  |  |  |  | |  |  |  |  |  | |  |  |  |  |  | |
| 3 | |  |  | |  |  | |  |  | |  |  | |  | |  |  | |  |  | |  |  | |  |  |  |  |  | |  |  |  |  |  | |  |  |  |  |  | |
| **中云中学延时服务安排表** | | | | | | | | | | | | | | | | | | | | | |
| **年级** | | **班级** | | | **节次** | | | **周一** | | | **周二** | | | **周三** | | **周四** | | | **周五** | | |
| **七** | | **1** | | | **1** | | | **语文** | | | **数学** | | | **英语** | | **跳绳** | | | **羽毛球** | | |
| **2** | | | **音乐** | | | **美术** | | | **足球** | | **排球** | | | **篮球** | | |
| **2** | | | **1** | | | **语文** | | | **数学** | | | **英语** | | **羽毛球** | | | **跳绳** | | |
| **2** | | | **美术** | | | **音乐** | | | **排球** | | **篮球** | | | **足球** | | |
| **3** | | | **1** | | | **语文** | | | **英语** | | | **数学** | | **美术** | | | **音乐** | | |
| **2** | | | **跳绳** | | | **羽毛球** | | | **篮球** | | **足球** | | | **排球** | | |
| **八** | | **1** | | | **1** | | | **语文** | | | **数学** | | | **英语** | | **跳绳** | | | **羽毛球** | | |
| **2** | | | **音乐** | | | **美术** | | | **足球** | | **排球** | | | **篮球** | | |
| **2** | | | **1** | | | **数学** | | | **英语** | | | **语文** | | **羽毛球** | | | **跳绳** | | |
|  | | | **2** | | | **美术** | | | **音乐** | | | **排球** | | **足球** | | | **篮球** | | |
| **3** | | | **1** | | | **语文** | | | **英语** | | | **数学** | | **音乐** | | | **美术** | | |
| **2** | | | **跳绳** | | | **足球** | | | **篮球** | | **羽毛球** | | | **排球** | | |
| **九** | | **1** | | | **1** | | | **语文** | | | **数学** | | | **英语** | | **音乐** | | | **美术** | | |
| **2** | | | **跳绳** | | | **羽毛球** | | | **排球** | | **足球** | | | **篮球** | | |
| **2** | | | **1** | | | **数学** | | | **英语** | | | **语文** | | **美术** | | | **音乐** | | |
| **2** | | | **羽毛球** | | | **跳绳** | | | **足球** | | **篮球** | | | **排球** | | |
| **3** | | | **1** | | | **语文** | | | **数学** | | | **英语** | | **羽毛球** | | | **跳绳** | | |
| **2** | | | **音乐** | | | **美术** | | | **排球** | | **篮球** | | | **足球** | | |