中云中学2023-2024学年期初一年级课程表

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | 一 | 二 | 三 | 四 | 五 | 六 |
| 1 | 2 | 3 | 4 |  | 1 | 2 | 3 | 4 |  | 1 | 2 | 3 | 4 |  | 1 | 2 | 3 | 4 |  | 1 | 2 | 3 | 4 |  | 1 | 2 | 3 | 4 |  |
| 晨练 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 上午 | 1 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 2 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 3 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 4 |  |  | 体育 |  |  |  |  |  |  |  | 体育 | 书法 |  |  |  |  |  |  |  |  |  | 音乐 | 体育 |  |  |  |  |  |  |
| 下午 | 5 | 体育 |  |  |  |  |  |  | 美术 |  |  | 书法 |  | 体育 |  |  |  |  |  |  |  | 体育 |  | 书法 |  |  |  |  |  |  |
| 6 | 美术 | 体育 |  |  |  |  | 美术 |  |  |  |  | 体育 | 音乐 |  |  |  |  |  |  |  | 音乐 | 体育 |  |  |  |  |  |  |  |
| 7 |  |  |  |  |  |  |  |  |  |  |  |  | 劳动 |  |  | 劳动 | 劳动 |  |  |  |  |  |  |  |  |  |  |  |  |
|  | 注：红色文化与校本课程单双周设置，单周校本课程，双周红色文化。班会与心理健康教育实行单双周制，单周上班会，双周上心理健康教育。 |  |  |  |  |  |  |
| 晚上 | 1 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 2 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 3 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |

中云中学2023-2024学年期初二年级课程表

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | 一 | 二 | 三 | 四 | 五 | 六 |
| 1 | 2 | 3 | 4 |  | 1 | 2 | 3 | 4 |  | 1 | 2 | 3 | 4 |  | 1 | 2 | 3 | 4 |  | 1 | 2 | 3 | 4 |  | 1 | 2 | 3 | 4 |  |
| 晨练 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 上午 | 1 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 2 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 3 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | 音乐 |  |  |  |  |  |  |  |  |
| 4 |  |  | 体育 |  |  |  |  |  |  |  | 体育 |  | 体育 |  |  |  |  | 美术 |  |  | 体育 |  | 音乐 |  |  |  |  |  |  |  |
| 下午 | 5 |  |  |  |  |  |  |  |  |  |  |  | 体育 |  |  |  | 美术 | 体育 |  |  |  | 音乐 |  |  |  |  |  |  |  |  |  |
| 6 | 体育 | 体育 |  |  |  |  |  |  |  |  |  |  |  |  |  |  | 美术 | 体育 |  |  |  |  |  |  |  |  |  |  |  |  |
| 7 |  |  |  |  |  | 劳动 |  | 书法 |  |  |  | 书法 |  |  |  |  |  | 劳动 |  |  | 书法 | 劳动 |  |  |  |  |  |  |  |  |
|  | 注：1、上学期的道德与法治课程中安排一节《习读本》每周一课时，下学期正常。2、每学期语文老师要安排5节古诗文阅读3、地方教材《美丽江西》3、班会与心理健康教育实行单双周制，单周上班会，双周上心理健康教育。 |  |  |  |  |  |  |  |
| 晚上 | 1 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 2 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 3 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |

中云中学2023-2024学期初三年级课程表

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | 一 | 二 | 三 | 四 | 五 | 六 |
| 1 | 2 | 3 | 4 |  | 1 | 2 | 3 | 4 |  | 1 | 2 | 3 | 4 |  | 1 | 2 | 3 | 4 |  | 1 | 2 | 3 | 4 |  | 1 | 2 | 3 | 4 |  |
| 晨练 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 上午 | 1 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 2 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 3 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 4 |  |  |  |  |  |  |  |  |  |  |  |  | 体育 |  |  | 音乐 |  |  |  |  | 体育 |  |  |  |  |  |  |  |  |  |
| 下午 | 5 | 体育 |  |  |  |  |  |  | 美术 |  |  |  | 体育 |  |  |  |  | 美术 | 体育 |  |  |  |  |  |  |  |  |  |  |  |  |
| 6 | 美术 | 音乐 | 体育 |  |  |  |  | 音乐 |  |  | 体育 |  |  |  |  |  | 体育 |  |  |  |  | 体育 |  |  |  |  |  |  |  |  |
| 7 |  |  | 书法 |  |  |  | 书法 |  |  |  |  |  | 劳动 |  |  | 劳动 |  |  |  |  | 书法 | 劳动 |  |  |  |  |  |  |  |  |
|  | 注：地方教材《美丽江西》 |  |  |  |  |  |  |
| 晚上 | 1 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 2 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 3 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **中云中学延时服务安排表** |
| **年级** | **班级** | **节次** | **周一** | **周二** | **周三** | **周四** | **周五** |
| **七** | **1** | **1** | **语文** | **数学** | **英语** | **跳绳** | **羽毛球** |
| **2** | **音乐** | **美术** | **足球** | **排球** | **篮球** |
| **2** | **1** | **语文** | **数学** | **英语** | **羽毛球** | **跳绳** |
| **2** | **美术** | **音乐** | **排球** | **篮球** | **足球** |
| **3** | **1** | **语文** | **英语** | **数学** | **美术** | **音乐** |
| **2** | **跳绳** | **羽毛球** | **篮球** | **足球** | **排球** |
| **八** | **1** | **1** | **语文** | **数学** | **英语** | **跳绳** | **羽毛球** |
| **2** | **音乐** | **美术** | **足球** | **排球** | **篮球** |
| **2** | **1** | **数学** | **英语** | **语文** | **羽毛球** | **跳绳** |
|  | **2** | **美术** | **音乐** | **排球** | **足球** | **篮球** |
| **3** | **1** | **语文** | **英语** | **数学** | **音乐** | **美术** |
| **2** | **跳绳** | **足球** | **篮球** | **羽毛球** | **排球** |
| **九** | **1** | **1** | **语文** | **数学** | **英语**  | **音乐** | **美术** |
| **2** | **跳绳** | **羽毛球** | **排球** | **足球** | **篮球** |
| **2** | **1** | **数学** | **英语** | **语文** | **美术** | **音乐** |
| **2** | **羽毛球** | **跳绳** | **足球** | **篮球** | **排球** |
| **3** | **1** | **语文** | **数学** | **英语** | **羽毛球** | **跳绳** |
| **2** | **音乐** | **美术** | **排球** | **篮球** | **足球** |